

To Start

Low country Fried Green Tomato & Fresh Mozzarella stack
with crisp arugula & smoked red pepper aioli 5.75

Crisp Firecracker Calamari with tender spinach leaves, kalamata olives, aged barrel feta cheese, tomatoes, parmesan & red pepper lemon olive oil 6.75

Sweet Grass Blue Cheese Gratinée on crisp foccacia toast point 6.00

Shrimp Quesadilla lowcountry shrimp quesadilla with sweet chili sauce, green onions, tomatoes, chopped lettuce, sour cream and salsa 7.25

Spicy Grilled Chicken Quesadilla chopped red onions, mixed melted cheese, guacamole, jalapenos and salsa 7.25

Signature She Crab Soup laced with sherry cup 6.00 bowl 7.00

Today's Soup cup 3.75 bowl 4.50

See Fresh eXpress menu for other Salad Choices

Fresh eXpress

DESIGN YOUR LUNCH - **Salad or Wrap**
Fresh, Healthy, Quality ingredients

Pick your protein, lettuce, ingredients, with
one of Chef's signature housemade dressings

Our Chef will toss all of favorite ingredients to order
and top it with the protein of choice

Warm Grilled Garlic Rosemary Crostini

The Main Thing

Sandwiches come with choice of fries or simple salad or add a fruit cup for 1.50

Open Face Beef Short Rib Sandwich asiago loaf, Gruyere cheese, caramelized Vidalia onion compote, Creole horseradish mustard 15.00

Lobster Knuckle Salad with, pickled green- tomato relish served open-faced on brioche 14.50

Pulled BBQ Chicken tender pulled chicken tossed in honey pecan BBQ sauce served on a soft grilled cuban loaf 12.50

Floridian Reuben fresh pan seared grouper fillet, Swiss cheese, sauerkraut & 1000 island on grilled rye 13.95

Lowcountry Fish Taco fresh local flounder lightly blackened & served in a soft grilled tortilla with wild arugula, cajun grilled corn salsa and spiced soured cream 12.50

Black Oak Ham & Cheese mediterranean black olive bread, herbed goat cheese, with crisp green apple slices & country ham, with homemade chutney 10.50

Fresh Catch of Today grilled, blackened or sautéed with parmesan risotto 18.50

Spiced Black Angus Burger* on a buttery bun, with cheddar or bleu cheese, lettuce, tomato & purple onions (low-carb version available without bun) 12.50

Pan Grilled Beef Tenderloin Medallion topped with blue crab, asparagus and citrus hollandaise, spinach & gruyere risotto 18.75

Roasted Vegetable Wrap grilled corn, tomato, spinach, onions, and mushrooms roasted red peppers, salsa verde, sour cream, & queso fresco 12.50